

## CUBS GIRLS & BOYS

Age requirements – Cubs is a skater who was born: 1.7.2006 – 30.6.2008

Free Skating: 2 min, +/- 10 sec

A well balanced CUBS Free Skating Program must contain:

a) Maximum of 4 jump elements for Girls and Boys, one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. Triple jumps are not permitted. Any single or double jump (including Double Axel) cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed. c) There must be a maximum: – for Girls one (1) Choreographic sequence which includes at least one 3 seconds long spiral position. The sequence will have a fixed Base value and evaluated in GOE only. – for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

Level explanation: For CUBS, in all elements which are subject to levels, only features up to Level 2 will be counted. Any additional features will not be counted for Level Requirements and will be ignored by the Technical Panel. The program components are judged according to the following criteria only:

- Skating Skills • Performance/Execution

The factors for the program components are 2.5.

CHICKS GIRLS & BOYS Age requirements - Chicks Skater is a girl who was born: 1.7.2008 and younger

Free Skating: 2 min, +/- 10 sec

A well balanced CHICKS Free Skating Program must contain:

a) Maximum of 4 jump elements for Girls and Boys, one of which must be an Axel type jump. There may be up to two (2) jump combinations or sequences. Jump combination can contain only two (2) jumps. A jump sequence can contain any number of jumps, but only the two most difficult jumps will be counted. Triple jumps are not permitted. Any single or double jump (including Double Axel) cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination with or without change of foot (minimum of six (6) revolutions in total) and one spin with no change of position and with or without change of foot (minimum of six (6) revolutions in total).

Flying entry is allowed. c) There must be a maximum: – for Girls one (1) Choreographic sequence which includes at least one 3 seconds long spiral position. The sequence will have a fixed Base value and evaluated in GOE only. – for Boys maximum of one (1) step sequence with a fixed Base value and evaluated in GOE only.

Level explanation: For CHICKS, in all elements which are subject to levels, only features up to Level 2 will be counted. Any additional features will not be counted for Level Requirements and will be ignored by the Technical Panel. The program components are judged according to the following criteria only:

- Skating Skills • Performance/Execution

The factors for the program components are 2.5. The same ISU rules on Judging, refereeing and work of the Technical Panel will be applied as it is in junior and senior international competitions.